



# Basic Forex Trading Guide

## About this guide

If this is your first time coming across the online Forex market, then you've come to the right place.

This guide will provide you with the basic knowledge, tools and techniques a novice Forex trader should have as you take your first steps in the fascinating world of Forex.

Many of the trading concepts introduced here are explained in greater detail in later chapters of the guide.

If you are unclear about any Forex term you come across here, be sure to refer to the glossary of terms

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## Intro: Why Forex?

If you are reading this guide, you have most likely taken some sort of interest in the Forex market. But what does the Forex market have to offer you?

- **Accessibility** – It's no wonder that the Forex market has the trading volume of 3 trillion a day - all anyone needs to take part in the action is a computer with an internet connection.
- **24 Hour Market** - The Forex market is open 24 hours a day, so that you can be right there trading whenever you hear a financial scoop. No need to bite your fingernails waiting for the opening bell.
- **Narrow Focus** – Unlike the stock market, a smaller market with tens of thousands of stocks to choose from, the Forex market revolves around more or less eight major currencies. A narrow choice means no rooms for confusion, so even though the market is huge, it's quite easy to get a clear picture of what's happening.
- **Liquidity** - The foreign exchange market is the largest financial market in the world with a daily turnover of just over \$3 trillion! Now apart from being a really cool statistic, the sheer massive scope of the Forex market is also one of its biggest advantages. The enormous volume of daily trades makes it the most liquid market in the world, which basically means that under normal market conditions you can buy and sell currency as you please. You can never be in a jam for currency to buy or stuck with currency that you can't unload.
- **The Market Can't Be Cornered** - The colossal size of the Forex market also makes sure that no one can corner the market. Even banks don't have enough pull to really control the market for a long period of time, which makes it a great place for the little guy to make a move.



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## Profitability

It doesn't take a financial genius to figure out that the biggest attraction of any market, or any financial venture for that matter, is the opportunity of profit. In the Forex market, profitability is expressed in a number of ways.

First of all, just to set the record straight, you don't have to be a millionaire to trade Forex. Unlike most financial markets, the Forex market allows you to start trading with relatively low initial capital. At eToro, you can start trading Forex with as little as \$25!

Right about now you're probably asking yourself: "What chance do I have of profiting with such a low initial investment?" The Forex market doesn't require large initial investments because it allows you to use leveraged trading. Leveraged trading lets you open positions for tens of thousands of dollars while investing sums as small as \$25. This means that Forex trading has the profit (and loss) potential of tens and even hundreds of percent a day!

What is also unique about the Forex market is that any sort of movement is an opportunity to trade. Whether a currency is crashing or soaring, there is always room for speculation, since you always have the option of buying or selling the currency of your choice. Unlike the stock market, you are not limited to speculating on rising stocks, and a falling market is just as good for business as a rising market.

Having said all that, it is important to remember that as profitable as the Forex market is, it still carries all the risks involved with financial trading. You should always be aware of the risk, and never risk money that you can't afford to lose.

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## Cashing in on Price Movements

Trading Forex is exciting business. The market is always on the move, and every tiny shift in currency rates can mean profits and losses of hundreds and even thousands of dollars!

Let's demonstrate how that can happen:

In general, the eight most traded currencies on the Forex market are:

USD	U.S. Dollar
EUR	Euro
GBP	British Pound
JPY	Japanese Yen
CAD	Canadian Dollar
CHF	Swiss Franc
NZD	New Zealand Dollar
AUD	Australian Dollar

Forex trading is always done in pairs, since any trade involves the simultaneous buying of a currency and selling of another currency. The trading revolves around 18 main currency pairs. These pairs are:

USD/CAD	EUR/JPY
EUR/USD	EUR/CHF
USD/CHF	EUR/GBP
GBP/USD	AUD/CAD
NZD/USD	GBP/CHF
AUD/USD	GBP/JPY
USD/JPY	CHF/JPY
EUR/CAD	AUD/JPY
EUR/AUD	AUD/NZD

When buying or selling a currency pair, each pair has its own Bid/Ask rate, for example:

Pair	Bid	Ask
EUR/USD	1.5420	1.5422

This means you could either:

Buy the pair at the Ask rate

-or-

Sell the pair at the Bid rate

Which means:  
Buy 1EUR / Sell \$1.5422

Which means:  
Sell 1 EUR / Buy \$1.5420

### **OK, but where's the opportunity for profit?**

The currency pair rates are volatile and constantly changing.

One way to profit is by buying a pair, then selling it at a higher rate.

The second way is by selling the pair, then buying it at a lower rate.



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## The Trend is Your Friend

Trend analysis is based on the idea that what has happened in the past gives traders an idea of what will happen in the future.

Although this may seem pretty basic, being able to identify when a pair is in a trend and when it isn't will help you to increase your chances to profit consistently in the Forex market.

When you can identify a trend, you can estimate what direction the rate of a currency pair is going to go in. You should exploit the direction of the trend you identify by placing a trade in that direction.

If it's an uptrend, meaning that the rate is increasing, buying the currency pair will give you a better probability for profit. If it's a downtrend, meaning that the rate is decreasing, selling the currency pair will give you a better chance of making money.

### How do I identify a trend? What are the characteristics of a trend?

The simplest way to identify a trend is through the distinct patterns that the price forms. These can tell you if the market is moving in an uptrend or downtrend.

### Identifying a Forex Trend

When a trend is taking place in a Forex pair, the price movements start to form peaks and valleys in the chart of that pair, which are easily identified.

In an uptrend, the price movements form a series of higher peaks and higher valleys.

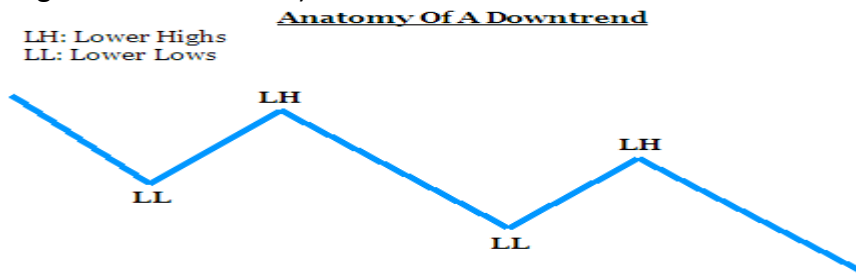
(Higher Highs and Higher Lows.)

Since a picture's worth a thousand words, let's look at the following chart:

This chart suggests that the trader should buy the currency pair (and close the trade by selling at profit after the rate rises).

In a down trend, the price movements form a series of lower peaks and lower valleys:

(Lower Highs and Lower Lows)



This chart suggests that the trader should sell the currency pair (and close the trade by buying at profit after the rate declines)

It's important to note that during some trading days the trend is hard to spot, some trading days show no trend (the price movements form a Range), and of course you're bound to run into the occasional reversal, so this is not a perfectly accurate or 100% reliable indicator for trading.

Here is what a trading Range looks like:



It is easier to make predictions with a trend than with a trading range. While you can still profit in trading ranges, you have to be more nimble on your feet, and ready to jump in and out of the markets at all times. Needless to say, this makes the trader's life a lot tougher and the risk for loss greater.

Trading ranges can be really messy and unpredictable, which is why you should always look for trading trends. It's a good idea to stay out all together during a range, and get back in only when the markets start to trend again.

As a general strategy, it is best to trade with the trend rather than against it, meaning that if the general trend of the market is headed up, you should be very cautious about taking any positions that rely on the trend going in the opposite direction.

The trend spotting strategy assumes that the present direction of the price rate will continue into the future. It can be used in three main time-frames: short, intermediate and long-term, with the trends being different for each.

For example, here's a possible scenario in the Forex market:

Over the last 12 months the trend for the EUR/USD is an uptrend, over the last 30 days the trend is a downtrend, and over the last 24 Hours (intra-day) trend is an uptrend.

Regardless of the chosen time frame, traders will remain in their position until they believe the trend has reversed.

So the goal is to spot a trend that you believe in and trade according to it. Needless to say, you will need to monitor the trade, in case you were mistaken and the trend vanishes or reverses. Then it's time to cut your losses by closing the losing trade or by reversing - closing the trade and opening a following, opposite trade.

Warning: Speculating on Forex rates involves great amount of risk. Be advised that even the most sophisticated traders can't always predict market movements' directions.



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## Tactical usage of Leverage

If you've been at all exposed to the world of Forex you've probably heard the word "Leverage" being tossed around. But what exactly is "Leverage"?

Leverage is a very important part of Forex trading, and it's critical that you know exactly how it works and how to use it. It is the term Forex traders use to refer to the ratio of invested amount related to the trade's actual value.

Forex brokers usually provide their customers with the option to trade on borrowed capital, so that traders don't have to invest tens of thousands of dollars for the chance to make any real profit. When you trade at a leverage of 1:100, or X100, it means that for every \$1 that you invest in the market, the broker invests \$100. As a result, you can control an amount of \$10,000 by investing \$100. eToro provides traders with the opportunity of trading at up to 1:400 leverage.

It probably won't surprise you when we say that with greater opportunity for profit comes greater risk. Just like slight fluctuations in currency rates can make you significant amounts of money, it can also cause you to lose your money very quickly. The higher the leverage, the larger the profit that you stand to make and the quicker you might lose your investment. A leverage of 1:400 can make you more money than a leverage of 1:100, but it also puts your initial investment at more risk.

If you trade with a leverage of 1:100 the market would have to move 100 pips against you for your position to be wiped out. On the other hand, if you trade with a leverage of 1:400 the market would only have to move 25 points against you for your position to be wiped out.

We recommend first opening a position with a low 1:100 Leverage, and only once you see that you've hit a strong trend, consider opening one with a 1:400 leverage.

### The Ratio between Minimal Lot Size, Trade Size and Leverage

Fundamentally, the minimal lot size for a trade is \$10,000, thus the leverage limitations are set according to the amount you choose to trade:

Trade Size	Minimal Leverage	Lot
25	400	10,000
50	200	10,000
100	100	10,000

The advantage of trading with Leverage is that while your profits potential is virtually infinite, at eToro your loss is limited to the amount of your initial

investment. Once the rate drops below the rate covered by your investment, the trade is automatically closed. That is done through an automatic Stop Loss – explained in the next chapter.

Remember, Leverage can be a trader's best friend when used carefully, and his worst enemy when used recklessly. It is a great tool for increasing profits, in fact private traders rarely trade without it, but you should always keep in mind that the higher the leverage is – the higher the risk level involved.

Now that you're equipped with most of the basic tools, you can [open your first trade!](#)



[Click here](#) to open a free eToro Practice account and enjoy leverages ranging from x10 to x400 today!

## A Simple Trade Example

Are you ready? It's time to trade!

Here is a to-do list of actions to be taken as you open a trade:

- Identify the pair to buy/sell
- Decide on the initial investment amount
- Choose the appropriate leverage
- Consider applying trade limits (covered in the next chapter)
- Open trade

Let's say that after spending some quality time on gazing at the charts of several currencies, you've concluded that:

- 1) The EUR is trending up
- 2) The USD is trending down

Now, what is the reasonable decision based on this conclusion?

Clearly you can profit by first selling USD and buying EUR, and then buying cheaper USD and sell expensive EUR.

We could do this by buying and then selling the EUR/USD currency pair.

A reminder - buying is done at 'Ask' price, while selling is done at the "Bid" price.

Imagine that you bought \$100 worth of EUR/USD with a leverage of 1:100 at the exchange rate of 1.5461. The details of your trade are:

Investment	\$100
Leverage	1:100
Units sold	10,000
EUR/USD (Ask)	1.5461

In plain English, what you've just done is bought (100X100=) 10,000 Units of EUR /USD, which at that specific rate represents 1.5461 USD per 1EUR.

Now, let's assume that at the end of the day, or possibly even a few minutes later, the EUR/USD rate has risen to 1.5538. You sell those 10,000 Euro/USD Units at the new rate of 1.5538 and get \$177 back.

This means that this seemingly insignificant fluctuation in the rate allows you to cash in \$77 from an initial investment of \$100.

In other words you just made 77% profit on your investment, thanks to the movement in the pair's quote.

On the example trade that we've just seen, your risk and reward was unlimited, and the risk was limited which is good if you are very certain regarding your decisions.

However, as a beginner you shouldn't trust yourself too much, as you are bound to make mistakes. By learning about special trade order features, you will be able to [hedge your risks](#). rephrase



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## Hedging Risks and Rewards

Forex trading is a risky business. This chapter will explain the usage of Stop Loss (SL) and Take Profit (TP) orders. These are used for hedging your risks and rewards, realizing your profits and minimizing your losses.

eToro places an automatic Stop Loss order on all your trades to prevent you from losing more than you've invested. If the rate of your open trade drops below what's covered by your investment, the trade is closed by the automatic Stop Loss. This means the maximum amount you can lose on a trade is almost always limited to the initial investment of the trade.

Still, there is no reason why you should wait until you lose your entire investment to close the trade. By setting a Stop Loss order you make sure that the value of your trade doesn't drop below a certain level. This way you control the maximum amount that you are willing to lose on a trade, without having to monitor each trade around the clock.

Take Profit orders are similar to stop loss orders, only referring to profits. Take Profit orders make sure that once your trade reaches a certain level of profit it will be closed.

For instance, imagine that you've opened a Long EUR/USD trade for at the rate of 1.5400. After a few hours the rate rises to 1.5500, but an hour later drops to 1.5300. Without a Take Profit order, you might miss the rise in the rate, and end up with a loss on your hands.

If you had set a Take Profit order, the potential profit of the trade would have been realized, without you having to monitor the trade around the clock.

Remember, Stop Loss and Take Profit orders are very simple tools that can make the difference between a successful trading career and a big hole in your pocket. Consider using these orders with every trade that you make.



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## The Quest for Volatility

The Forex market is open 24 hours a day, but what are the best times to make a profit?

Even though the Forex market is open 24 hours a day with the exception of weekends, not all hours are as equally good for trading. The reason that the Forex market is open 24 hours a day is that it is made up of different sessions around the globe that between them cover 24 hours.

The more markets are active at the same time, the more trades are being executed, and the more action for you to cash in on.

Trading Sessions (GMT):

1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24				
							London																				
												New York															
						Sydney																					
Tokyo																											

Since the London session is the busiest out of the four, the best times for trading are 8am-9am (GMT) and 13pm-17pm (GMT), because that's when the London session overlaps with other sessions.

### Abuse the news.

As for news reports, these are times to be careful. Many profitable trades are made moments prior to or shortly after major economical announcements. You can gain a fortune as well as lose one if you're not sure of what you're doing. This is why it's important to stay on top of what's happening in the international finance arena. Market sentiment becomes crucial at these times, since traders basically stampede to the market around the time of the report. eToro makes sure to give you a heads up whenever anything major is going down.

Remember, even though you're able to trade 24 hours a day, it's better to plan your trading activity in order to catch the best action for a chance to maximize your profits and minimize your losses



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# Money Management

Is there a secret to becoming a successful trader?

There is a method that all successful traders use, and it's no secret. It's called money management.

Money management is not some vague industry lingo – it simply means the knowledge and skill of managing your Forex trading account. As simple as that may seem, it's the key to a long and successful trading career. And yet it is often forgotten or neglected in the thrill of the trade. We'd like to take this opportunity to lay out some ground rules by which you can effectively manage your account.

Don't go looking for the Big Win; it will most likely result in a big loss. Successful trading means consistent trading, where small wins amount to large long term profits. Never assume that all your trades will be profitable, and plan on losses.

You should only risk a small percentage of your total account balance on each trade. This simply minimizes your risk, so that even if you end up losing your entire investment on a trade, it doesn't have a critical effect on your account balance. The recommended amount is 2% of your account balance per trade. More aggressive traders go as high as 5%, but never higher than that. It is a very important rule to keep, since the lower your account balance drops, the harder it is to rebuild it.

## Using Limit Orders

Learn to use the Stop Loss and Take Profit orders effectively. These orders protect your investment and realize your profits. They are very simple tools that can make all the difference to your account balance.

## Size of Trades

You are suggested to open small trades, because in the case of a losing trade, you can then open the opposite trade with a bigger investment or higher leverage, thus compensating for losses.

## Practice with Virtual Money

Use virtual money mode for practice. One of the unique features of eToro is that our platform provides you with a practice environment. Virtual money mode works exactly the same as real trading mode and uses the same real time rates, with the small difference of no risk involved. We recommend using the practice mode to get to know the platform and gain Forex trading experience.

And even after you've begun trading with real money, it is the perfect place to try out your trading strategies. There is no point in risking your money to test out a possible theory, when you can do so with the same success minus the risk. After

seeing that your strategy is consistently successful with virtual money, you can try it out for real.

Remember, money management is very simple to master, but not as simple to keep up. Once you've developed the money management system that works for you, make sure to stick with it and don't let your emotions get in the way of long term profit, even if it means absorbing short term losses.

**Now that you're equipped for trading, take your time and start practicing your trading skills.**



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